

YWCA Christchurch Cares About The Safety Of Local Communities

The YWCA was established in 1883 in Christchurch by women with a special interest in the education and safety of women. It has been a positive contributor to social change as a provider of services for those with least access to resources across three centuries and encourages young women's participation.

Many women, especially young women, are amongst those with least access to resources. Personal safety, encouraging women to be an integral part of the community and a focus on the well-being of all women, are goals of the current YWCA Board.

Activities and programmes present alternatives to the habits and lifestyles of negative peers. They contribute to the overall stability and safety for women of all ages in the wider neighbourhoods and communities.

Positive Self-defence Classes continue to be promoted as an avenue for women, girls and children to learn the mental, verbal and physical

skills to express personal confidence and behaviours which deflect potential attackers.

A Youth Work and Advocacy Service for women and especially young women has been established. The service is associated with both the Training Programmes at 260 Cashel Street and the Shelter at 285 Hereford Street. It has been supported by the Lottery Grants Board, Canterbury Community Trust, NZ Community Trust and YWCA general donations. Contact Jude 027-682-1758.

Y's Choice is a Targeted Youth Training Programme for young women 15 to 18 years old. It focuses on continuing learning which supports young women to achieve sustainable employability and/or further education or vocational training. Contact Rosemary at 379-7598, ext 3, 260 Cashel Street.

A "Fashion Apparel and Related Industry Skills Programme" is available for all ages, women and men who are registered unemployed and are serious job seekers. Contacts Leigh or Jude 379-7598, ext 2 at 260 Cashel Street.

YWCA Women's (and women with children) Shelter at 285 Hereford Street – Contact 365-8720 ext 3. 34 beds. This is an open address where women may self refer, where families may seek help and to which many community and social service agencies refer. This is a 24 hr/7 day/52 week per year service established for 20 years as an essential service for the city and surrounding districts. Included is short term accommodation (up to 6 months) in 10 bedsit units are available for women alone on low incomes who are seeking a safe, staffed, supportive community.

YWCA Community Cultural Learning and Training Centre is in and around Twiggers House Lounge at 285 Hereford Street. It is managed by Mandy 365-8720, ext 6. This is a women's community centre for learning, training, meetings and other events, modelling YWCA values of inclusive, non-judgemental environmentally sensitive ways of operating.

Hot, cold or frozen nutritious meals,

served in crockery dishes, are delivered to the homes of elderly and convalescent people by volunteer drivers from the YWCA Neighbourhood Kitchen each week day. This service has been available and well used for many years and is reliant on the generosity of its volunteer drivers. Its reputation for superb food is well established and it continues to support many people with good food, safety and comfort in their familiar home and community environs.

1883 Group is donors, supporters and consultants who enjoy a luncheon function and speaker twice a year at Riccarton House, Riccarton Bush.

The YWCA welcomes women members whose values and aims coincide with those of the Association and who annually contribute either financially as members or volunteers in the Y-Trade shop, as drivers, painters, gardeners, maintenance people or by helping with administrative tasks.

SELF DEFENCE FOR WOMEN & GIRLS



Tutor:
Lynda Maindonald
16 years' teaching – 24,000 trainees

Feel confident • Be safe
Mental, Verbal and Physical Skills

Phone 354-1138

Supported by:
**Community Trust
Safar Christchurch**

YOUTH TRAINING PROGRAMME FOR YOUNG WOMEN 15-17 YEARS

Education & Training

"Registered as a Private Training Establishment by the New Zealand Qualifications Authority to the 1990 Education Amendment Act"



"Y's Choice" is an individualised Young Women's Programme

- It supports, with foundation skills, young women into further education and stable employment.
- Focused Literacy & Numeracy option.
- Safe supported learning environment Youth/Social worker and mentors.

260 Cashel Street,
P.O. Box 22-051,
Christchurch
Phone/Fax 379-7598



ACCOMMODATION FOR WOMEN

Emergency Accommodation and Shelter for Women and Women with Children

Supported by:

- Community Trust
- Lottery Grants Board
- Christchurch City Council
- Twigger Trust
- Lion Foundation
- Canterbury Foundation
- Metro Charitable Trust
- Eureka Charitable Trust
- Scottwood Group
- Caversham Charitable Trust
- Maurice Carter Charitable Trust



SAFE • STAFFED • SUPPORTED

Phone (03) 365-8720
24 HOUR SERVICE

Neighbourhood Kitchen



HOT Mid-day meals from \$6.50 delivered to your door

Phone Lesley between 8.30am-1.00pm

Ph 355-4903

Fendalton, Bishopdale, Redwood, Papanui, St Albans, Shirley, Avonside, Richmond, Merivale, Avonloop, Burwood, Linwood